

How do Families Enroll in Rainbows? They can visit <u>www.monmouthrainbows.org</u> to complete the online enrollment form <u>OR</u> call Mike & Marie Meriton at (908) 720-7044 anytime by telephone.

<u>Rainbows Helps Children Heal after a Life Altering Crisis</u> due to separation, divorce, death, illness, military deployment, or other painful family transitions. Rainbows is an international non-profit offering confidential support groups for children to foster emotional healing. Rainbows trained facilitators use proven age-appropriate curriculum having served over 3 million children for 30 years.

<u>Rainbows is a Free Program</u> and open to all families in Monmouth County from all economic, racial, ethnic, and religious backgrounds, and from two-parent, single- parent, or foster-parent families.

<u>Rainbows Sites range from ages 5-18 / Grades K-12</u> - Children are grouped by ages 5-6, 7-8, 9-11, 12-14, 15-18. Parents and guardians optionally meet at the same time to review the adult materials to support their enrolled children in the program. Visit the web site to get the age availability for each site.

<u>Rainbows Helps Children Heal</u> whether family loss is recent or years ago. We provide a trusted support group environment for similar age children where they can express their feeling and realize they are not alone. Rainbows also helps children develop problem solving and behavior management skills.

<u>Where & When is Rainbows?</u> Rainbows is available in 2 Monmouth County locations to include Freehold and Monmouth Beach. Our sessions are held weeknights with weekly sessions September through April and monthly sessions May through August. Visit our website for meeting nights for each location, address information and to enroll: <u>www.monmouthrainbows.org</u>

<u>More information?</u> Visit <u>www.monmouthrainbows.org</u> or the national Rainbows website <u>www.rainbows.org</u> or visit our local Facebook page at <u>Monmouth Rainbows</u>. You can also call Mike & Marie Meriton anytime at (908) 720-7044 or email us at <u>monmouthrainbows@gmail.com</u>.

How can you help? Let families, friends and colleagues know about Monmouth County Rainbows!